



Pune District Education Association's

# College of Ayurved & Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)

Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

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## 6.3.3 - Average number of professional development / administrative training programmes organized by the Institution for teaching and non- teaching staff /technical staff during the last five years.

| Sr. No | Title of the training programme                                                                         | Date                                           |
|--------|---------------------------------------------------------------------------------------------------------|------------------------------------------------|
| 1      | BLS Training                                                                                            | 08/12/2018 to 09/12/2018                       |
| 2      | E- Content development- PPT to video                                                                    | 08/03/2019                                     |
| 3      | Sahaj yoga Meditation Workshop                                                                          | 10/06/2019 to 14/06/2019                       |
| 4      | E- Content development- You Tube Channel                                                                | 22/01/2020                                     |
| 5      | Medication Management, Prescription Policy                                                              | 31/01/2020                                     |
| 6      | Webinar on Dissertation Writing                                                                         | 18/7/2020                                      |
| 7      | National Webinar on Naadi Pariksha                                                                      | 27/7/2020                                      |
| 8      | National Webinar on Ethical issues in Ayurved Research                                                  | 10/08/2020                                     |
| 9      | Online webinar on Planning & Documentation for research projects.                                       | 03/09/2020                                     |
| 10     | BLS Training                                                                                            | 18,19 & 20/01/2021                             |
| 11     | Use of Power point in teaching                                                                          | 30/01/2021                                     |
| 12     | Ethical review process on the occasion of bioethics Day                                                 | 30/04/2021                                     |
| 13     | Workshop of Yoga for back and Neck Pain                                                                 | 17/06/2021                                     |
| 14     | CME for Ayush teachers of Shalyatantra granted by RAV, Department of Ayush, Gov. of India               | 02/08/2021 to 07/08/2021                       |
| 15     | Advance Research Methodology Programme                                                                  | 14/10/2021 to 28/10/2021                       |
| 16     | Training of Safety Handling Techniques of Laboratory Equipments & Instruments (for Non -Teaching staff) | 04/02/2022                                     |
| 17     | Sample size Calculation                                                                                 | 12/02/2022                                     |
| 18     | Code blue, code pink, Care of Vulnerable Patient, triage and restraint                                  | 10/03/2022                                     |
| 19     | Assessment, Care plan, Nutritional status, Antibiotic policy, and Notifiable diseases                   | 23/03/2022                                     |
| 20     | FDP related to Research Methodology                                                                     | 03/04/2021 to 28/05/2022<br>(Twice in a month) |
| 21     | Training workshop on Laser in Treatment of Proctology                                                   | 28/05/2022                                     |
| 22     | Induction Programme for the code of Conduct for newly admitted staff                                    | 04/07/2022                                     |
| 23     | Use of Multimedia in Teaching Learning                                                                  | 09/07/2022                                     |
| 24     | BLS Training                                                                                            | 06/12/2022                                     |
| 25     | Code of Conduct for teachers                                                                            | 10/12/2022                                     |
| 26     | Induction Program for the Code of Conduct                                                               | 26/12/2022                                     |
| 27     | Stress management                                                                                       | 17/3/2023                                      |
| 28     | Basic Workshop In Health Sciences Education Technology for teachers                                     | 23/03/2023 to 25/03/2023                       |
| 29     | Waste Management Workshop from garden and kitchen                                                       | 28/03/2023                                     |
| 30     | Development and delivery of e-content / e-courses                                                       | 13/05/2023                                     |
| 31     | Soft Skill Development                                                                                  | 10/06/2023                                     |
| 32     | Development and delivery of e-content / e-courses                                                       | 23/06/2023                                     |
| 33     | Induction Programme for the code of Conduct for newly admitted staff                                    | 26/07/2023                                     |



*Har*  
Principal  
P.D.E.A'S

College of Ayurved And Research Centre  
Nigdi, Pune - 411 044.

## PDEA'S AYURVED RUGNALAYA & STERLING MULTISPECIALITY HOSPITAL

### POST EVENT SUMMARY REPORT:

NAME OF THE EVENT: Basic Life Support training for consultants and other hospital staff with perspective of NABH.

DATE OF THE EVENT: 8<sup>TH</sup> & 9<sup>TH</sup> OF DEC 2018.

TIMING 10AM TO 1 PM

TRAINER: DR. ATUL WAYKOLE.

TARGET GROUP: Consultants and Hospital Staff.

VENUE: Room no., 208, Hospital.

NUMBER OF PEOPLE ATTENDED: 70 + Consultant-30

### BRIEF SUMMARY OF THE EVENT:

- In Perspective of NABH, consultants and all other hospital staff should have hands on training on Basic Life Support.
- Dr. Atul Waykole (AHA INSTRUCTOR) gave training on BLS
- Consultants and all Hospital Staff participated in this training
- Basic steps of CPR clearly explained.
- Hands on Training on BLS with help of Mannequin also conducted.
- Certificates also issued for the participants.



  
**Superintendent**  
Ayurved Rugnalaya & Sterling Multispeciality Hospital,  
Sec. 27, Nigdi, Pradhikaran, Pune - 44

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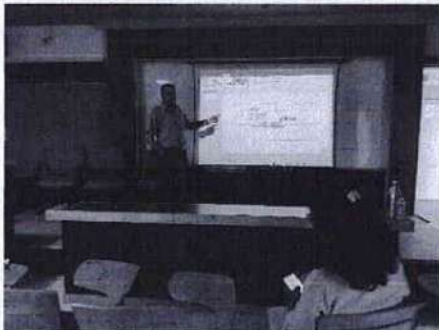
To:  
The Principal  
PDEA's CARC, Nigdi.

|                                     |              |
|-------------------------------------|--------------|
| पु.जि.शि.मं.चे                      |              |
| आयुर्वेद महाविद्यालय व सशोधन केंद्र |              |
| निगडी, पुणे-४११०४४.                 |              |
| आवक क्र                             | २९९१/२०१९-२० |
| दिनांक -                            | २१/३/२०१९    |
| लेखनिक                              | ॥ ॥          |
|                                     | प्राचार्य    |

**Subject: Report of training for E content development – PPT to Video**

Respected madam,  
Teachers training for e content development was carried out on Converting PPT to Video. On Wednesday, 08 / 3/ 2019, 10 am to 4 pm in the college Auditorium and classroom 5. Topics covered were How to make good PPT - Dr. Shweta More, how to animate PPT - Dr. Divyashree K. S. and Dr. Chinmay Phadke taught how to activate Recording option, How to Rehearse, how to record PPT show with audio, save option to convert it to Video. **30 teachers** attended the training.

Dr. Chinmay Phadke  
Asst. Prof., Samhita Dept.



Principal  
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Nigdi, Pune - 411 044.

## **Report of 5<sup>th</sup> International Day of Yoga Conducted on 21 June 2019**

Name of the College: -P.D.E.A's College of Ayurved and Research  
Centre, Akurdi, Pune-411044.

Yoga Week was celebrated from 10<sup>th</sup> June to 21<sup>st</sup> June. Banners were  
displayed in campus of college and hospital for awareness of Yoga.

Following activities were conducted -

- 1. YOGASANA COMPETITION-12 JUNE 2019**
- 2. POSTER COMPETITION- 18 JUNE 2019**
- 3. YOGA SESSION FOR IPD PATIENTS IN THE HOSPITAL—  
16 TO 18 JUNE 2019**
- 4. SAHAJ YOGA MEDITATION WORKSHOP FOR STUDENTS  
AND STAFF—10<sup>TH</sup> TO 14<sup>TH</sup> JUNE 2019**
- 5. RANGOLI COMPETITION - 20 JUNE 2019**
- 6. RHYTHMIC YOGASANA DEMONSTRATION BY  
STUDENTS -21<sup>st</sup> JUNE 2019.**
- 7. 5<sup>TH</sup> INTERNATIONAL YOGA DAY PROGRAMME & PRIZE  
DISTRIBUTION PROGRAMME.-21 JUNE 2019**

### **YOGASANA COMPETITION-**

Yogasana competition was conducted at college on 12<sup>th</sup> June in Yoga  
hall. Total **22 students** of UG and PG participated in yogasana  
competition.

Number of Prize Winning participants: - Total 04

Name of the Prize Winning students -

1. Sagar Deshpute -1<sup>st</sup> Prize



2. Mayuri Gondhane -2<sup>nd</sup> Prize
3. Sayali Shinde - 3<sup>rd</sup> Prize
4. Amol Pable – Consolation Prize

#### **POSTER COMPETITION-**

Total 11 students participated in poster competition in college on 18<sup>th</sup> June.

Theme for poster-Yoga for All

Name of Prize winning students of Poster competition:-

1. Madhulika Singh-1<sup>st</sup> Prize
2. Mohsina Mulani – 2<sup>nd</sup> Prize
3. Aashish Phalake – 3<sup>rd</sup> Prize

#### **YOGA SESSION FOR IPD PATIENTS IN THE HOSPITAL—16 TO 18 JUNE 2019**

We have conducted yoga session for IPD patients from 16<sup>th</sup> to 18<sup>th</sup> June in hospital wards in two sessions i.e. Morning and evening.

#### **SAHAJ YOGA MEDITATION WORKSHOP FOR STUDENTS AND STAFF—10<sup>TH</sup> TO 14<sup>TH</sup> JUNE 2019**

Report-

**Venue:** - Auditorium and Yoga Hall Swasthavritta and Yoga department, CARC, Nigdi, Pune.

**Date:** - 10/06/2019 to 14/06/2019

**Time:** - 9.30 a.m. to 10:30 a.m.

**Participated students:** - 60 **Present Teachers:** - 14

**Guest Speakers :-**

1. Mr.Sunil Jankwar-10<sup>th</sup> June
2. Sanjeev Suryakumar-11<sup>th</sup> June



3. Dr.Puja Gaud and Dr Sujata Pawar-12<sup>th</sup> June
4. Dr Isha Kale-13<sup>th</sup> June
5. Dr.Mandar Bhonde-14<sup>th</sup> June

Topics covered: -

- Introduction of Meditation and its importance.
- Introduction of Shatchakras
- Meditation techniques according to each chakra.
- Musical Ragas according to Chakras.
- Demonstration of meditation techniques and Practical.
- Question answers session.

#### **RANGOLI COMPETITION – 20 JUNE 2019**

Total 08 groups participated in poster competition in college on 20<sup>th</sup> June.

Theme for Rangoli-Yoga for All

Name of Prize winning students of Rangoli competition:-

1. Group 7 –Bhagyashree Kshirsagar Group – 1<sup>st</sup> Prize
2. Group 3 – Radhika Shitole Group – 2<sup>nd</sup> Prize
3. Group 1 – Anjali Shelke Group – 3<sup>rd</sup> Prize
4. Group 2 – Nikita Bhanavase Group - Consolation Prize

#### **RHYTHMIC YOGASANA DEMONSTRATION BY STUDENTS -21<sup>st</sup> JUNE 2019-**

Musical Rhythmic yogasana demonstration is presented by 3<sup>rd</sup> year students on various asana positions.

Total 40 students presented all steps of Suryanamaskar and a variety of different asanas.



**5<sup>TH</sup> INTERNATIONAL YOGA DAY PROGRAMME &  
PRIZE DISTRIBUTION PROGRAMME.—21 JUNE 2019**

**Yog saptah is ended with celebration of International yoga day 2019 on 21<sup>st</sup> June and prize distribution ceremony. Morning Yoga Demo (7.00 a.m. to 8.00 a.m.) was conducted. Numbers of Participants in Morning demo were 60**

**Name of YOGA teachers who conducted the morning demo: -**

- 1. Mrs. Prajakta Mahadar**
- 2. Mrs. Sanjeevani Deshpande**

**Name of the Asanas and Pranayama conducted during the morning demo :-**

Yoga Prayer, Joint Rotation, Tadasana, Vrukshasana, Padhastasana, Ardhashakrasana, Trikonasana, Bhadrasana, Vajrasana, Ardhushtasana, Ushtrasana, Shashankasana, Uttan Mandukasana, Vakrasana, Makarasana, Bhujangasana, Shalabhasana, Setubandhasana, Uttanpadasana, Ardhalasana, Pawanmuktasana, Shavasana, Kapalabhati, Anulomvilom Pranayama, Sheetali Pranayama, Bhramari pranayama, Dhyan, Sankalp, Shanti path.

**Name of the Best Participant in the morning demo: -**

**Mayuri Gondhane**

**College Coordinators:**

- 1. Name-Dr. R. B. Bobade**

**Designation-Professor & HOD of Swasthavritta department      Email id-  
rajkumarbobade@gmail.com & Phone-9403928005**

- 2. Dr. Arti Firke-Associate Professor-Swasthavritta**

**Department, arfirke@gmail.com & Phone-8888845674**

- 3. Dr. Deepali Manore-Associate Professor-Swasthavritta**

**Department, dr.manore@gmail.com & phone-9881650526**



4. Dr.Ketki Wagh- Lecturer-Swasthavritta

Department,iktek25@gmail.com & Phone-9823629481

**Incharge of Institute-Dr.Ragini R.Patil**

Principal

PDEA's College of Ayurved and Research  
center,Nigdi,Pune 411044

  
**Principal**  
P.D.E.A'S  
College of Ayurved And Research Centre  
Nigdi, Pune - 411 044.



30-Jan 20

To:  
The Principal  
PDEA's CARC, Nigdi.

**Subject: Report of training for E content development – YouTube Channel**

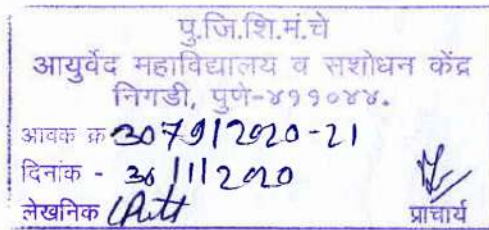
Respected madam,

I Dr. Chinmay Phadke, conducted training on basic process of creating YouTube Channel. On Wednesday, 22/01/2020, 10 am to 4 pm in college Auditorium and classroom 6. **43 teachers** attended the training. Dr. R. R. Deshpande, Dr. Chinmay Phadke, Dr. Vijaya Nyahalase conducted the training. During this training following points were covered - creating new email Address, YouTube channel Banner creation, Name creation, how to create engaging videos, how to upload video, how to add tags, various options while uploading video, avoiding possible errors.

In the end Dr. R. R. Deshpande Sir concluded and shared his experiences and tips while creating YouTube channel.

*CP*

Dr. Chinmay Phadke  
Asst. Prof., Samhita Dept.



*Principal*  
**Principal**  
P.D.E.A.'S  
College of Ayurved And Research Centre  
Nigdi, Pune - 411 044.



PDEA'S



## Ayurved Rugnalaya & Sterling Multispeciality Hospital

(ID No. P.U. Ayu/081/1990) Hosp. Reg. No. 66.

Sector No.-27 Pradhikaran, Nigdi, Pune 411 044. (Maharashtra) India.

### MOM & PTC COMMITTEE

#### TRAINING GIST

**Topic of training –** Medication management, Prescription policy, verbal order, ADR for all target group mentioned below.

& pharmacists. LASA, storage and safe dispensing of medicine for nursing staff

**Name of the trainers –** Dr. Tate P.

**Date -** 31/1/2020

**Time & Venue -** Room No. 208- ARSMH

2-2:30 Consultants , MO, HO, & registrar

3-3:30 PM nursing staff, pharmacists.

**Target Group -** Consultants, MO, HO, & registrar, nursing staff & pharmacists.

**Summary –** Topic covered following points

- 1) Maharashtra model for prescription is followed
- 2) Prescription should contain UIN, Name, Age, Sex, OPD No. Diagnosis, Dosage, Duration, Anupana, SNTD of consultant.
- 3) Verbal order should be signed by consultant within 24 hrs.
- 4) 3 types of ADR were described.
- 5) Near miss was described to nursing staff.
- 6) High alert medicine list was given to nursing staff.
- 7) Revision of policies for LASA, storage and safe dispensing of medicine were done for nursing staff and pharmacist which should be followed at their nursing stations and pharmacy.



**Superintendent**

Ayurved Rugnalaya & Sterling Multispeciality Hospital,  
Sec. 27, Nigdi, Pradhikaran, Pune - 44

Pune District Education Association's  
**College of Ayurved & Research Centre**

**National Webinar on Dissertation Writing**

A national webinar on medical writing 'How to Write Dissertation' was organized by department of research methodology for Ayurveda teachers on 18/07/2020. A brochure was circulated among teachers. Total 17 teachers enrolled and joined the webinar.

Sessions were taken by faculty Dr Shrikant Muralidharan MDS from Pune. Sessions were conducted on Google meet from 2.00 pm – 5.00 pm. He covered all points regarding medical writing as follow

1. Introduction to article writing.
2. Writing a systematic review and narrative review
3. Original article writing.
4. Hands on training on Pub Med for literature review.
5. Hands on training on Mendeley for citation and references.
6. Choosing the right journal for publication.

Feedback form was prepared in google form and link was shared to participants by mail. E certificates were shared to participants after feedback.



Dr Yogini Kulkarni  
Research Methodology Dept.

पु.जि.शि.मं.चे  
आयुर्वेद महाविद्यालय व संशोधन केंद्र  
निगडी, पुणे-४११०४४.  
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दिनांक - 21/7/2020  
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**PDEAs**  
**College of Ayurved and Research Centre, Nigdi, Pune.**

**Webinar Report**

**National Webinar on Naadi Pariksha organized by Kriya Sharir  
Department on 27/7/2020 (Monday)**

On 27/7/2020 Kriya Sharir Department of CARC Had organized National Webinar under the guidance of Principal Madam Dr. Ragini Patil.

**Speaker-** Vd.Laxman Lavgankar (Renowned Ayurvedic Practitioner and Naadi specialist from Pune)

**Patron-** Dr. Ragini Patil (Principal)

**Secretary of Webinar-** Dr. R. R. Deshpande

**Convener-** Dr. S. K. Chobhe

**Co-coordinators-** 1. Dr. S. V. More  
2. Dr. V.B. Nyahalse



- It was a paid webinar, **Registration fees- 200Rs.**
- Date of Invitation letter sent to Vd. Lavgankar -17/7/2020, confirmation on the same day on phone call
- Registration – Through google form link with payment details.  
([https://docs.google.com/forms/d/e/1FAIpQLSfJZui-WaCggY7HfKqL938YHGIL2GJvaPZmdP-17ViCaM1KBA/viewform?usp=sf link](https://docs.google.com/forms/d/e/1FAIpQLSfJZui-WaCggY7HfKqL938YHGIL2GJvaPZmdP-17ViCaM1KBA/viewform?usp=sf_link) )
- Date of advertisement- 16/7/2020 onwards, Publicity- via e-flyer, what's app messages, mails, phone calls
- Last date of received registration is 27/7/2020 till 8am.
- **Total registration – 119 (Total Teachers-29, Teachers of CARC -14)**
- **Webinar platform- Zoom app**
- **Date – 27/07/2020, Time- 2.30 to 4 pm**
- The webinar link of zoom meeting sent via e mails & whats app messages (to those only who had not received through mail) to all delegates on the day of webinar i.e. on 27/7/2020 1 hour prior (at 1.30pm)
- Webinar started on time sharp at 2.30pm. Dr. Deshpande (Host) welcomed all delegates, Dr. Patil mam encouraged with their introductory speech. Then Dr. Deshpande introduced Vd. Lavgankar Sir (speaker & Co Host), Dr. More (co-host) handled technical aspect, Dr.Nyahalse and Dr.Chobhe welcome participating delegates time to time.
- Vd.Lavgankar Shared his knowledge of Naadi Pariksha with PPTs and sharing his method of Naadi Pariksha learned from vaidya Generations of Lavgankar family. Demonstrated



introduced Vd.Lavgankar Sir (speaker & Co Host), Dr.More (co host) handled technical aspect, Dr.Nyahalse and Dr.Chobhe welcome participating delegates time to time.

- Vd.Lavgankar Shared his knowledge of Naadi Pariksha with PPTs and sharing his method of Naadi Pariksha learned from vaidya Generations of Lavgankar family. Demonstrated naadi pariksha methodology. Vote of thanks done by Dr.More and webinar ended at 4 pm.
- Video & Audio recording done.
- Those delegates who were unable to join the webinar due to any technical problem, we sent them the video recording of webinar to avoid educational loss.
- We will soon upload the video of webinar on youtube channel of our department.
- The queries or questions raised by delegates forwarded to Vd. Lavgankar on his e mail to answer.
- Thanks giving letter and webinar certificate as Speaker mail to Vd.Lavgankar on 30/7/2020
- Feedback google form  
([https://docs.google.com/forms/d/e/1FAIpQLSf1vY7xX\\_ruHz5SfNQ74rUZY3pxWTSU-VnKM7a0fPiAqJN2oA/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSf1vY7xX_ruHz5SfNQ74rUZY3pxWTSU-VnKM7a0fPiAqJN2oA/viewform?usp=sf_link)) sent to all delegates through e mail on 2/8/2020, till today's date total 41 feedbacks received all are positive and encouraging.
- E- Certificates of Participation sent to all on their mail on 2/8/2020.
- Auto generated Excel Spreadsheet of registration as well as payment details mail to accountant Pravin More on 28/8/2020.

Total Fees collected = 119 x 200 = 23,800rs.

Speakers remuneration paid = 2000rs. (30/7/2020)

Net Profit = 23800 - 2000 = 21,800rs.

*Dr. More S.V.*  
18/8/2020



*Yak*  
Principal  
P.D.E.A.S.  
College of Ayurved And Research Centre  
Nigdi, Pune - 411 044.

*gm*  
Dr.Deshpande R R

HOD

Kriya Sharir

H.O.D.  
Dept. of Sharirikriya  
CARC Nigdi, Pune - 44

**DEPARTMENT OF DRAVYAGUNA**  
**REPORT OF NATIONAL WEBINAR**  
**ETHICAL ISSUES IN AYURVEDA RESEARCH**

पु.जि.शि.मं.चे  
आयुर्वेद महाविद्यालय  
व संशोधन केंद्र निगडी, पुणे-४११००४.  
आवक क्र. 1530/206  
दिनांक 06-10-2020  
टैबल क्र. 9.4

**PLACE** - Go to meeting platform

**DETAILS** -

लेखनिक

प्राचार्य

| Date       | Time           | Topic                               | No. of Delegates Present |
|------------|----------------|-------------------------------------|--------------------------|
| 10/08/2020 | 2:30 – 4:00 PM | Ethical Issues In Ayurveda Research | 132                      |

**NAME OF GUEST SPEAKER - Dr. Supriya Bhalerao**  
Scientist  
Interactive Research School of Health Affairs (IRSHA),  
Bharati Vidyapeeth Deemed University (BVDU), Pune

**REPORT -**

Dravyaguna department had an active role in the Ethics Committee of CARC since its establishment. Department contributed in the form of many IEC secretaries. That's why department had taken webinar on this topic. Dr Lad MD Head of department was organizing secretary & Dr Bhor was convener for the webinar.

Due to COVID 19 pandemic the registration of Delegates were done online through filling up the google form. Total 238 registrations were received from various parts of India. Total 132 delegates were present for the entire webinar. Delegates are not only from academic sector but also from pharmaceutical companies carrying out researches. Pre & Post assessments along with feedbacks were taken by google form. All the communication for webinar link / meeting id was done through the emails. The whole webinar was recorded in MP4 version & available for further process.

**REPORT/SHORT SUMMARY -**

Guest speaker has very vast experience of in the various fields of the research along with bioethics. Hence to enrich the knowledge on bioethics a webinar was organized by the department.



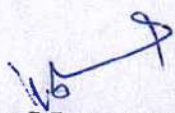
Department of Dravyaguna, CARC, Nigdi, Pune.

Dr. M. A. C.

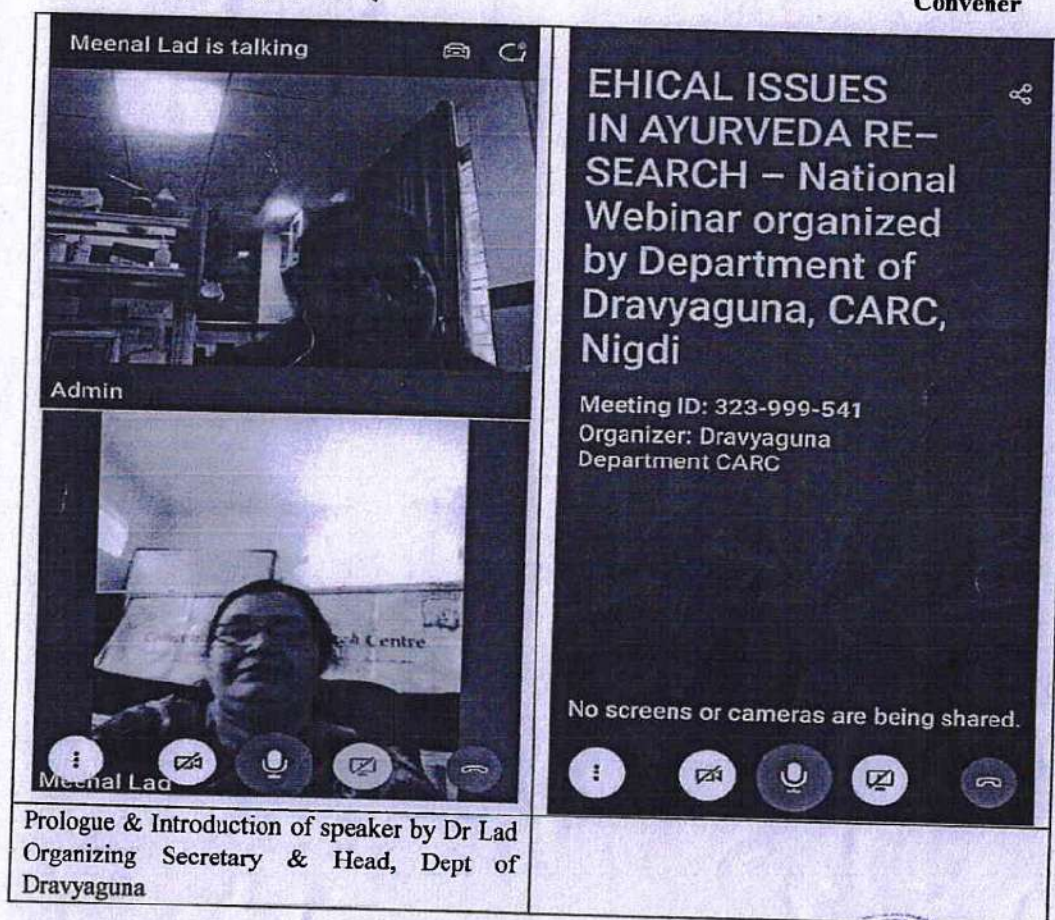
Guest speaker elaborated the ethics committee work structure, its functioning, its rights and responsibilities.

#### USEFULNESS OF THE LECTURE –

Her lecture helped the all participants for proper understanding of role of ethics committee, ethical issues in Ayurveda research. Lecture not only enriches the present knowledge on the subject but also give new vision to understand the ethical issues in biomedical research.

  
**Prof. Dr. Meenal D. Lad**  
Organizing Secretary

  
**Dr. Ila S. Bhor**  
Convener



Meenal Lad is talking

Admin

Meenal Lad

ETHICAL ISSUES  
IN AYURVEDA RE-  
SEARCH – National  
Webinar organized  
by Department of  
Dravyaguna, CARC,  
Nigdi

Meeting ID: 323-999-541  
Organizer: Dravyaguna  
Department CARC

No screens or cameras are being shared.

Prologue & Introduction of speaker by Dr Lad  
Organizing Secretary & Head, Dept of  
Dravyaguna

Department of Dravyaguna, CARC, Nigdi, Pune.



**PDEA's College of Ayurved and Research Centre, Nigdi -44**

**Department of Ayurved Samhita Siddhanta**

**Report of webinar**

**Date- 05/09/2020**

A webinar on "Planning and Documentation for Research Projects" was organised by Samhita department on 03/09/2020.

The resource person for the webinar was Dr Supriya Bhalerao renowned researcher in the field of Ayurved

The webinar was conducted on Google meet ap.

Time – 2.30 to 4 pm

The resource person explained the requirements for grant research projects starting from 'how to write a research protocol and how to maintain each document related to the project in detail'.

They also showed some of the documents from their institute - IRSHA, like case record form, PSI, and explained about site master file, PFMS and how to keep track of fund given for the research project.

The webinar was attended by 24 people including 20 faculty and 4 office staff of CARC.

Dr. Medha Joshi, HOD- Kayachikitsa department introduced the speaker and Vd. Yogita Jamdade, HOD- Samhita Department gave the vote of thanks.

Feedback for the webinar was taken through google form and analysed.



  
**H.O.D.**  
Dept of Ayurved Samhita Siddhant  
College of Ayurved & Research Centre  
Nigdi, Pune



PDEA'S

**Ayurved Rugnalaya & Sterling Multispeciality Hospital**

(ID No. P.U. Ayu/081/1990) Hosp. Reg. No. 66.

Sector No.-27 Pradhikaran, Nigdi, Pune 411 044. (Maharashtra) India

### TRAINING REPORT

**Date:** 22/01/2021

**Name of the event-**

"BASIC LIFE SUPPORT TRAINING" for Consultants, Teaching staff, Houseman and Registrar & Interns

**Date:** 18<sup>th</sup>, 19<sup>th</sup> and 20<sup>th</sup> of Jan 2021

**Organising department/ committee-** NABH CPR Committee

**Location of the event -** Auditorium, CARC, Nigdi, Pune.

**Number of persons attending the event-** 18/01/2021 – 47 Teachers and Consultants

19/01/2021 – 32 P.G (Houseman & Registrar)

26 Interns, 3 Teaching Staff

20/01/2021 – 3 Teaching staff

**Mode of event-** Online/ Offline-Offline

**Brief summary of the event-**

- In Perspective of NABH, consultants, Houseman, Registrar, Interns should have hands on training on Basic Life Support.
- Dr. Rajesh Mangal (INTENSIVIST) gave training on BLS
- All Teaching Staff participated in this training
- Basic steps of CPR clearly explained.
- Hands on Training on BLS with help of Mannequin also conducted.
- Certificates issued for the participants.

  
**Superintendent**

Ayurved Rugnalaya & Sterling Multispeciality Hospital  
Sec. 27, Nigdi, Pradhikaran, Pune - 44



Pune District Education Association's

## College of Ayurved & Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)

Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc\_akurdi@pdeapune.org



Date: - 3/02 /2021

Metric No. 2.4.4

### Post Event Summary Report

**Name of the Event** – Teacher's Training,

**Date of the Event** – 30/01/2021

**Organizing department / Committee** - IQAC

**Location of the event** – Auditorium & Google Meet

**Duration** -

**Number of persons attending the event**- 37 Faculty

**Mode of the event** – Online

**Link for lecture** - <https://meet.google.com/ica-pvdh-vrr>

**Resource person** – 1. Dr Anuj Tambade, (MSc PhD), IQAC Coordinator and Vice Principal, Prof. Ramkrishna More Arts, Commerce and Science College, Akurdi, Pune 411 044. India., 8605529031

2. Dr. Sudha Singh, Asso. Prof., CARC, Nigdi.

3. Dr. Anuja Wadadekar, Asst. Prof., CARC, Nigdi.

**Topic** – PowerPoint in Teaching

**Telephone number**- 8605529031

**E-mail address**- pstam3@rediffmail.com

पु.जि.शि.मं.चे  
आयुर्वेद महाविद्यालय व संशोधन केंद्र  
निगडी, पुणे-४११०४४.  
आवक क्र २७८०/२०२१-२२  
दिनांक - ३१/३/२०२१  
लेखनिक *Utt*  
प्राचार्य

**Summary of the event** – The full day training was organized from 10 am to 4 pm. Mode was hybrid - online, and its live streaming was also arranged in the Auditorium. A total of 37 faculties attended the training in Auditorium as well as on Google meet. Dr. Sudha Singh introduced about Open resources to improve PPTs. Dr. Anuja Wadadekar explained Use of various multimedia assets in PPT. Dr. Anuj Tambade explained the use of PowerPoint in Teaching & General Guidelines for creating ppt for the education of E-Content. He demonstrated various options in PowerPoint for creating attractive ppts. Dr. Chinmay Phadke welcomed the speaker and Dr. Arati Firke gave the vote of thanks.

*CF*

Vd. Chinmay Phadke

Asst. Professor, NAAC 2.4.4 – Coordinator

Sanskrit Samhita Siddhanta Department



## DEPARTMENT OF DRAVYAGUNA

### **REPORT OF DRAVYAGUNA GUEST LECTURE (PG) ON OCCASION OF BIO-ETHICS DAY**

**Name of Department -** Dravyaguna

**Date -** 30/04/2021

**Time -** 2:15 - 3.45 PM

**Place -** Online – Zoom Platform

**No. of Students Present -** PG – 68

**Faculty - 32**

**Total - 100**

**Topic of the lecture –** “Ethical Review Process”

**Name of Guest Speaker -** Dr. Supriya Bhalerao

Scientist

Interactive Research School of Health Affairs (IRSHA),

Bharati Vidyapeeth Deemed University (BVDU), Pune

#### **Report/Short Summary-**

Speaker elaborates in details about the following points in her lecture -

- ✓ purpose of reviewing the protocols by Ethics Committee,
- ✓ 8 points which makes research ethical, principles of ethics,
- ✓ types of review,
- ✓ pre-requisites for Ethics Committee review,
- ✓ points to be reviewed by Ethics Committee,
- ✓ elements of review

#### **Usefulness of the lecture –**

Her lecture helped the all participants for proper understanding about ethical review process of a research project. Lecture not only enriches the present knowledge on the subject but also give new vision to understand the review process by ethics committee in biomedical research.



**Dr. Meenal D. Lad**

M. D. , Ph. D. (Ayu.)

Prof. & H.O.D.

Dept. of Dravyaguna CARC, Nigdi, Pune.

Department of Dravyaguna, CARC, Nigdi, Pune.



**PDEA'S COLLEGE OF AYURVED AND RESEARCH CENTRE, NIGDI, PUNE.  
DEPARTMENT OF SWASTHAVRITTA.**

**YOGA WORKSHOP REPORT**

**Occasion-** International Yoga Day

**Speaker-** Mr. Amar Sant

**Topic-** Workshop of Yoga for Back and Neck Pain

**Date-** 17 June 2021

**Time-** 10.30 am-12.30 pm

**Audience-**

**Total - 86**

**UG Students- 50 PG students- 09 teaching staff-20 other - 07**

**Lecture platform-** lecture was conducted on online zoom app and uploaded on You tube channel of department i.e. Swasthyarakshan CARC.

**Link for joining lecture -**

**Join Zoom Meeting**

<https://us02web.zoom.us/j/7191635966?pwd=VlFSc0dXZlRdFjZUzVxYTdIRHRUQT09>

**YouTube link-**

<https://youtu.be/MXuDIPEVWuM>

Workshop was started on time at 10.30 am. Dr Arti R Firke introduced the guest Mr. Amar Sant who is the director of Amar Yoga Foundation, Pune and handled all technical aspects; Mr Amar Sant has shared his knowledge about all aspects of Yoga for back and neck pain. He gave demonstration of various postures, Yogasanas in neck and back pain on Swasthviritta P.G. student Dr Shubhankar Kulkarni. He also gave demonstration of sarvangasan, viparitdandasana, tadasana, shalabhasana, bhujangasan, supta-badhakonasana, uttana pawanmuktasana and some modified yogasanas of Iyengar yoga school with scientific explanation. Some questions were asked by participants and answered by Sant Sir. After that vote of thanks done by Dr Firke.

Audio Video recording was done

Feedback form was sent after the lecture on all whatsapp groups and filled by attended participants on the same day.

**Feedback form link -**<https://forms.gle/gREHdiy1BRKYCKpW6>

submit  
to Ayur.  
for NAME.

Dr. Arti R. Firke

H. O. D.  
Dept. of Swasthviritta  
College of Ayurved & Research Centre  
Nigdi



पु. नि. शि. मं. चे  
आयुर्वेद महाविद्यालय  
ब. संशोधन केंद्र, निगडी, पुणे-४११००४.  
आवक क्र. १८६/२०२१ दिनांक १८/०६/२०२१  
टेबल क्र. ३१. कि. २६  
लेखनिक  
प्रचारक



Pune District Education Association's  
**College of Ayurved & Research Centre**



**Department of Shalyatantra**

**Summary of 6 day CME training Programme for the Teachers of  
Shalyatantra.**

**From 2/08/2021 to 7/08/2021**

**Participants – 29 delegates, 14 committee members, 18 P.G.Students**

**Venue – Auditorium of CARC**

**Time -9.00AM to 5.30 P.M.**

**Summary of Guest Lectures:**

**2/08/2021**

**Name of Speaker -Dr.K.K.Pandey**

**Topic of Lecture-**



**1. Relevance need of Sangyahan for A better education of Ayurveda**

Following points are covered in the lectures

Definition, Basic Principles and their Practical Application .Dr.K.K.Pandey has very well explained about the concept of Sangyahan and also explained how teach this topic to the students. He especially enlighten how this topic is important in Surgical practice . It was very much helpful to the trainees.

**Topic of Lecture-**

**2. Palliative care perspective in Ayurveda need of the Day**

Knowledge of Cancer through modern and Ayurvedic view and Ayurvedic Management in Cancer Patients. He elaborated the applied aspect of Palliative care which has important in Ayurvedic practice.

Following points are covered in the lectures

**Name of Speaker -Dr.Shrikant Kashikar**

**Name of the Department= Shalyatantra**



**NAAC Metric No. 5.1**



Pune District Education Association's

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### Topic of Lecture-

#### 3. Fundamentals of Sandhana Karma

Points covered in the lecture are-

1. Definition, Basic Principles and Practical Application in Various Cases Management. Complications highlighted about Ayurvedic and modern aspect of Fundamentals of Sandhana Karma

He simplified Sandhana Karma and its relation with plastic surgery and applied aspect.

### Topic of Lecture-

#### 2. Asthi rog- Orthopedics –

Orthopaedic- Surgery in Ayurveda

Points covered in the lecture are Definition, Types, and Basic Principles

Knowledge of Fracture through modern and Ayurvedic view. In second lecture Dr. Kashikar focused on Ayurvedic concepts of Fracture. He emphasized about treatment. He explained in detail about the modern aspect of Fracture also. This was very much useful to the trainees.

3/08/21

Name of Speaker- Dr.N.G.Shahane

Topic of Lecture –

#### 3. Ayurvedic Urology - the most amazing & promising branch of Ayurveda - An evidenced based approach

Points covered in the lecture are-

Anatomical and physiological knowledge of kidney, ureter, urinary bladder through Ayurvedic and Modern view. He elaborated the importance of Ayurvedic Urology

Topic of Lecture –

#### 4. Urology: Therapeutic spectrum of Uttarbasti as definitive treatment for Urethral Stricture

Points covered in the lecture are-

Anatomical and physiological knowledge and management of Urethral Stricture.

Dr.N.G.Shahane elaborated the Knowledge of Urethral Stricture through modern and Ayurvedic view and its various treatment modalities and explained the utility of Uttarbasti

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**Name of Speaker Dr.K.Mahajan**

**Topic of Lecture –**

### **5. Basic Principals of Shalyatantra –**

Points covered in the lecture are-

Definition, Basic Principals and their Practical Application. Dr.Mahajan explained Basic Principals of Shalyatantra and there applied aspect in detail.

**Topic of Lecture-**

### **6. Management of wound-**

Points covered in the lecture are-

Vrana & Vrana Upakrmas, Definition of Wound, Types, management. Complications. Dr.Mahajan explained these points in detail. He focused on Ayurvedic management of wound.

4/8/21

**Name of Speaker -Dr.Rakesh Neve & Team**

**Live Demonstration of Surgical operations –**

### **7. M.R.M., Lap. Cholecystectomy**

### **8. Cystoscopy, Sigmoidoscopy, Colonoscopy**

Points covered in the lecture are-

Fundamentals of modern surgery and treatment of surgical disorders including surgical anatomy, physiology, pathology and surgical treatment.

Dr.Neve Showed live demonstration and explained every stage of operation in detail.

After Demonstration clarification of every query of the delegates is explained by

Dr.Neve.

**Name of Speaker -Dr.Anil Dutta**

**Topic of Lecture –**

### **9. Marmaghat / Shock**

Points covered in the lecture are-

Marmaghat lakshanani and chikitsa concept of shock, its varieties and management of haemorrhagic Shock. Dr.Anil Dutta taught all these points very thoroughly and clearly.

### **10.Intra venous Fluid Therapy-**

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Types, agents, indications, contraindications Procedures, complications. In his second lecture Dr. Anil Dutta taught the calculations that how to manage replacement of Intra venous Fluid in various conditions.

5/08/21

**Name of Speaker -Dr.D.N.Pande**

**Topic of Lecture –**  
**11. Anesthesia-**

Points covered in the lecture are-  
Definition, Types, anesthetic agents, indications, contraindications, Procedures, complications management. Dr.Pande explained Basic Principals of Anaesthesia and its Practical and applied aspect in detail.

**Topic of Lecture –**

**12. Pain management-**

Points covered in the lecture are-  
Definition, Physiology, Types and management. In his second lecture Dr.Pande explained Basic Principals of Pain management.

**Topic of Lecture-**

**13. Agni Karma – Thermal cautery-**

Points covered in the lecture are-

- Introduction of Agni Karma, types, instruments and equipments as per modern and Ayurveda system.
- Fundamentals of Agni Karma, importance, methods of application, duration,
- Various substances used for Agni Karma and their complications, indications and contraindicated diseases.
- Features of proper Agni Karma particularly in joint disorders

**Name of Speaker -Dr.Madhavi Banarase**

**Topic of Lecture -**

**14. Plastic reconstructive and cosmetic surgery**

Points covered in the lecture are-

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Skin grafting Definition, Types indications, contraindications, and case study –  
Dr.Madhavi Banarase in her second lecture focused on these points in details.

**6/8/21**

**Name of Speaker -Dr.N.Sridhar**

**Topic of Lecture –**

**15. Ayurvedic Surgery - An Art-**

Points covered in the lecture are- Ashtavidha Shastrakarma, Shastras, Yantras  
Dr.N.Sridhar explained all these thoroughly.

**Topic of Lecture -**

**16. Ayurvedic Surgery - A Science-**

Points covered in the lecture are-  
Definition of Shalya tantra, Features of Shalya tantra, Basic Principals and their Practical  
Application .Dr.N.Sridhar explained all these nicely.

**Name of Speaker -Dr. Sudha Singh-**

**Topic of Lecture –**

**17.Surgical operations- Ano-rectal Procedure- Fissure in Ano-**

Points covered in the lecture are-  
Anatomical and physiological knowledge of anus. Causes, pathogenesis and surgical  
management of Fissure in Ano She explained these points in detail.

**Topic of Lecture –**

**18. Ano-rectal Procedures Recurrent Pilonidal Sinus**

Points covered in the lecture are-  
Causes, pathogenesis and surgical management. Dr.Sudha Singh in her second lecture



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Focused on these points in details and explained various surgical modalities.

7/8/21

**Name of Speaker -Dr.P. Hemant kumar**

**Topic of Lecture –**

**19. Inguinal Hernia-**

Points covered in the lecture are-  
Definition, Types, Anatomy, Diagnosis and Surgical management of hernia

Dr.Hemant kumar Focused on these points in details and explained various surgical modalities of hernia.

**Topic of Lecture-**

**20. Concept of Marma in Shalya Tantra**

Points covered in the lecture are-  
Marma Chikitsa Concept, methodology & Marma chikitsa in Muscular Dystrophy.  
Dr.Hemant kumar in his second lecture explained marma Chikitsa in detail. and its applied aspect in

**Name of Speaker -Dr.B.K.Oza**

**Topic of Lecture –**

**21. Surgical Operations- Meckel's Diverticulum**

Points covered in the lecture are- Anatomical and physiological knowledge & Diagnosis and Surgical management of Meckel's Diverticulum. Dr.Oza explained Meckel's Diverticulum nicely.

**Topic of Lecture –**

**22. Endoscopic Procedures-**

Points covered in the lecture are- Diagnostic and therapeutic use of Gastro duodenoscopy. .

Dr. Oza explained all aspects of Gastro duodenoscopy in detail

**CME concluded by –**

- **Pre and Post training assessment**



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- **Valedictory function**

Every session was followed by interactive question answer session; the teachers actively participated in the activities time to time given by the organizer. Those were in the form of puzzles, which were enjoyed more by the participants.

This CME helped to improve the knowledge & performance of the participants by providing them latest, updated knowledge & skills from the field of **Shalyatantra**.

This CME included various surgical as well as para-surgical aspects of Shalyatantra. Live demonstration of super-Specialty surgeries like MRM for ca breast, Laparoscopic Cholecystectomy, Cystoscopy, colonoscopy were given and explained by Super Specialist panel. Live demonstration of para-surgical procedure eg. Agnikarma was also given. All queries of delegates were solved by resource persons. The whole CME encouraged & delighted the participants.

*m. b. bharange*  
H.O.D.  
Dept. of Shalya Tantra  
College of Ayurved & Research Centre  
Nigdi

*[Signature]*  
Principal  
P.D.E.A.C  
College of Ayurved & Research Centre  
Nigdi, Pune - 411 044.



Name of the Department= Shalyatantra

NAAC Metric No. 5.1



Pune District Education Association's



## College of Ayurved & Research Centre

Date :- 02/11/2021

### Report

#### Advanced Research Methodology Workshop for Ph.D. scholars.

**Name of the event:** Advanced Research Methodology Workshop for Ph.D. scholars 2021

**Date of event:** 14/10/2021 to 28/10/2021

**Total Hours:** 18

**Organizing Department:** PhD studies department

**Location of event:** PDEA's CARC, Nigdi, Pune.

**Number of persons attended:** 104.

**Mode of event:** Online

**Drive link for photos:**

**Contact person:** Dr. Meenal Lad (Organising secretary)

**Co-ordinator-** Dr. Yogita Jamdade

**Time:** - 2pm -4 pm

**Participants:** PhD students and guides.

**Guest speakers:** Total 08 out of which 06 Guest speakers from other institutes and 02 Speakers were from in house institute.

#### Brief Summary of the event:

| Sr. No. | Date     | Time   | Topic                                                       | Resource Person                 |
|---------|----------|--------|-------------------------------------------------------------|---------------------------------|
| 1.      | 14/10/21 | 2-4 pm | What is expected from PhD? Ethical issues in Ph.D. Research | Dr. Girish Tillu                |
| 2.      | 16/10/21 | 2-4 pm | Literature Search                                           | Dr. Kishor Patwardhan           |
| 3.      | 18/10/21 | 2-4 pm | Planning clinical studies                                   | Dr. Sriranjini                  |
| 4.      | 20/10/21 | 2-4 pm | Study Designs-1                                             | Dr. Supriya Bhalerao            |
| 5.      | 22/10/21 | 2-4 pm | Study Designs-2                                             | Dr. Supriya Bhalerao            |
| 6.      | 23/10/21 | 2-4 pm | Ethical Issues                                              | Dr. Asmita Wele                 |
| 7.      | 25/10/21 | 2-4 pm | Must to know from Statistics                                | Dr. Suhas Shetti                |
| 8.      | 26/10/21 | 2-4 pm | Synopsis Writing with Ayurvedic View                        | Dr. Kulkarni Yogini             |
| 9.      | 28/10/21 | 2-4 pm | Synopsis presentations – An Exercise                        | Dr. Meenal Lad and all Scholars |





Pune District Education Association's



## College of Ayurved & Research Centre

All days online lectures started on time. Daily screenshots were taken. Feedback link given to students. Positive feedback received from participants.

### Link of Registration

[https://docs.google.com/forms/d/e/1FAIpQLSibKGHwB0NUBR1j44MQCM-9wSSkudVfnbW18FyKR9ue4LaJ0A/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSibKGHwB0NUBR1j44MQCM-9wSSkudVfnbW18FyKR9ue4LaJ0A/viewform?usp=sf_link)

Feedback link given to students and 91 responses received.

[https://docs.google.com/forms/d/e/1FAIpQLSdo8tcsuH8onoLcBxK35JbOvVDqcBRc72gaYHh0rydgKrZZd0/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSdo8tcsuH8onoLcBxK35JbOvVDqcBRc72gaYHh0rydgKrZZd0/viewform?usp=sf_link)

Certification of completion of course distributed to participants.

Organising secretary

  
**Principal**  
P.D.E.A.S  
College of Ayurved And Research Centre  
Nigdi, Pune - 411 044.



Pune District Education Association's

## College of Ayurved & Research Centre



Date: 04/02/2022

### Report of Training of Safety Handling Techniques of Laboratory Equipments & Instruments

**Name of the event:** Training of Safety Handling Techniques of Laboratory Equipments & Instruments  
**Organizing Committee:** Maintenance Dept  
**Date:** 04/02/2022  
**Location / Place:** Kriya Sharir Laboratory  
**Mode of event -** Offline  
**Participants:** Laboratory multipurpose workers

**No of attendees/visitors -**

06

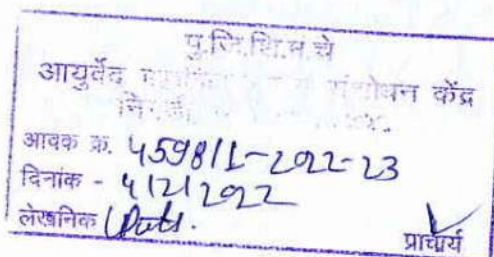
**Drive link for photos -**

**Brief summary of the event:**

Training of Safety Handling Techniques of Laboratory Equipments & Instruments is taken on 04/02/2022 by Lab Technician Mrs. Anjali Ingale in presence of Dr. Ila Bhor . During training following points are explained.

#### I) Care of Microscopes:

- Handle microscope with care.
- Clean lenses after using immersion oil.
- Cover the Microscope when not in use.
- Store microscope in a clean and dry area.



#### II) Cleaning of Glassware:

- Test tube cleaning.
- Micro slides and cover slip cleaning.
- Hb, RBC, WBC pipettes and measuring pipettes cleaning.
- Conical Flask, Beakers and measuring cylinder cleaning which are used in research laboratory.

#### III) Disposal of Waste Material:

- Yellow Bag - Used cotton swab, filter paper and pH paper used for urine practical.
- Red Bag - Disposable syringes, gloves.
- White Container - Needles, lancets and sharp objects.
- Black Bag - Tissue paper for used for cleaning, dry waste material.
- Blue container - Broken glass ware, glass bottles.

#### IV) Hand Hygiene:

- Seven steps of hand washing are explained.
- Dress code and laboratory safety rules are explained.

Name of the Committee: Maintenance



NAAC Metric No. 6.3.3



Pune District Education Association's  
**College of Ayurved & Research Centre**



**Post Event Summary Report**

**Date – 15/02/2022**

**Name of the Event** –Sample Size Calculation -Hands on Training for PhD Scholars.

**Date of the Event** – 12/02/2022

**Time** – 2 pm to 5. 30 pm

**Organizing department / Committee-** Ph.D. IEC II & Dept. of Ayurved Samhita Siddhant

**Location of the event** – Online

**Number of persons attending the event-** 46 (17 Teachers and 29 Scholars)

**Mode of event** – online

**Link of online event-**

<https://us02web.zoom.us/j/5191901003?pwd=OVFvelUvK1pnMm1pVHRrWG1ldXRTdz09>

**Drive link for photos and Evidence (Sample size calculations- Before and after)–**

[https://drive.google.com/drive/folders/1giQ46IBkINlza16Tu\\_kJnbLcspGnmRT](https://drive.google.com/drive/folders/1giQ46IBkINlza16Tu_kJnbLcspGnmRT)

**Feedback link** -<https://forms.gle/eFd1gVvZK712n37r6>

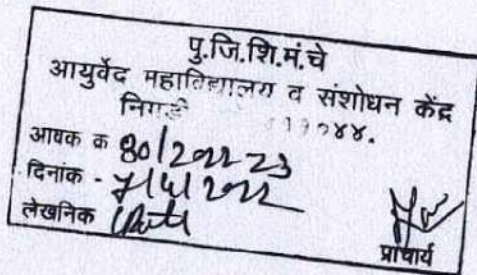
**You Tube link for video-NA**

**Resource Person-** Dr. Supriya Bhalerao – Telephone number-9869555272

**E-mail address-**supriya.bhalerao@bharativedyapeeth.edu

**Summary of the event-** Dr. Supriya Bhalerao taught about types of data , formulas useful for calculating sample size, basic data required for sample size calculation by showing with examples of sample size of some scholars. By this training Ph.D. scholars were able to calculate and correct the sample size required for their Ph.D. theses.

PPT of Dr. Bhalerao madam was shared to the participants. Feedback for the event was taken through Google form and Certificates were issued to the scholars who attended.



*वे. योगिता*  
**Signature**  
**Vd. Yogita Jamdade**  
**Professor & HOD**  
**H.O.D.**

Dept of Ayurved Samhita Siddhant  
College of Ayurved & Research Centre

**Name of the Department** -Ayurved Samhita Siddhant

**NAAC MEHC No.** 8.3.3



PDEA'S

PDEA



## Ayurved Rugnalaya & Sterling Multi-speciality Hospital

(ID No. P.U. Ayu/081/1990) Hosp. Reg. No. 66.

Sector No.-27 Pradhikaran, Nigdi, Pune 411 044. (Maharashtra) India.



### COP COMMITTEE

#### TRAINING GIST

**Topic of training –** code blue, code pink, care of vulnerable patient, triage and restraint.

**Name of the trainers –** Dr.SudhaSingh, Dr Kurande

**Date -** 10/03/2022

**Time & Venue-** Room No. 208, ARSMH

1) Group A - Consultants, MO, HO, Registrar – 2:30 - 3.00 PM

2) Group B - nursing and other hospital staff – 3.00 – 4.00 PM

**Target Group -** All staff

#### Summary –

- Systems of activation for code blue were described.
- Two scenarios were explained.
- First in IPD for patients admitted to ARSMH and other scenario of persons not admitted to the hospital suffering from cardio respiratory arrest in campus.
- Responsible team for response was informed to the entire group trainee and their duties were enacted.
- Code pink activates in case of child abduction. Steps after activation of code were described.
- Vulnerable patients are those of age above 65 years, infants under age of 1 year, and patients with other conditions like epilepsy, immobilised patients who need special attention.
- Measures to be taken for them like railing, floor mat outside bathroom are done in ARSMH.

**Superintendent**  
Ayurved Rugnalaya & Sterling Multispeciality Hospital,  
Sec. 27, Nigdi, Pradhikaran, Pune - 44.



PDEA'S



## Ayurved Rugnalaya & Sterling Multi-speciality Hospital

(ID No. P.U. Ayu/081/1990) Hosp. Reg. No. 66.

Sector No.-27 Pradhikaran, Nigdi, Pune 411 044. (Maharashtra) India.

### Training Gist

|                    |                                                                                      |              |
|--------------------|--------------------------------------------------------------------------------------|--------------|
| Name of Training - | Assessment, Care plan & Nutritional status, Antibiotic policy and notifiable disease |              |
| Name of Trainer -  | Dr. Nitin Bhalerao                                                                   |              |
| Date -             | 23-3-2022                                                                            |              |
| Time & Venue -     | Room no. 208 ARSMH                                                                   | 2:30 to 3 PM |
| Target group-      | Consultants, MO                                                                      |              |

#### Summary -

- Instructions regarding deficiencies observed in care plan were explained.
- On OPD paper writing of BMI was reminded. BMI chart was sent to all consultants.
- Guidance regarding Diet history was also given.
- Reporting of notifiable disease were revised. Discussion regarding covid and other illness reporting was done.
- Antibiotic usage guidance provided.



  
Superintendent  
Ayurved Rugnalaya & Sterling Multispeciality Hospital,  
Sec. 27, Nigdi, Pradhikaran, Pune - 411 044





Pune District Education Association's

## College of Ayurved & Research Centre



Date-31/05/2022

### Post Event Summary Report

**Name of the Event** - Faculty Development Program (FDP)

**Date of the Event** - 3/4/21 to 28/5/22, 1<sup>st</sup> and 3<sup>rd</sup> Saturday, Time-2 to 4 P.M.

**Organizing department** - Ayurved Samhita Siddhanta Department

**Location of the event** - CARC

**Number of persons attending the event** - 46

**Mode of event** - Online +Offline

**Links of online event-**

<https://us02web.zoom.us/j/86065001320?pwd=OGtadzJFNVZwZU13YUJzNnhBUmRKZz09>

<https://us02web.zoom.us/j/5191901003?pwd=OVFvelUvK1pnMm1pVHRrWG11dXRTdz09>

**Feedback link** - <https://forms.gle/xca6zo2vW2K8CHtX9>

**Contact person/Resource person** - Dr. Supriya Bhalerao

**Topic** - Research Methodology and Statistics

**Telephone number** - 9527589516

**E-mail address** - Supriya.bhalerao@gmail.com

#### Summary of the event-

- **Duration** - 3/4/21 to 28/5/22
- **Day** - Every month 1<sup>st</sup> & 3<sup>rd</sup> Saturday
- **Total Sessions Conducted** = 16 (2 hours each) = 32 hours
  - ❖ 6 lectures were conducted online
  - ❖ 10 lectures were conducted offline.
- **Topics Covered:**
  - ❖ **Basics of Research** - Selection of Research area, How to frame title-research question & Hypothesis, How to write introduction, Aims & Objectives etc.
  - ❖ **Study about COVID-19**
  - ❖ **Study Designs** - Descriptive Analytical, Cross sectional, Cohort etc.
  - ❖ **Need based topics** - Synopsis related queries discussion
  - ❖ **Sampling techniques** - Random, Stratified etc.
  - ❖ **Need based topics** - Ph.D. synopsis related queries discussion.
  - ❖ **Scientific Writing** - How to select journal, Indexed journal, Authorship, Discussion writing etc.

Name of the Department- Ayurved Samhita Siddhanta

NAAC Metric No.-6.3.3.





## College of Ayurved & Research Centre



- ❖ **Research Updates** in Sthaulya & Prameha Ayurved Vs. Modern medicine
- ❖ **Study Designs**-Descriptive Analytical, Cross sectional, Cohort etc. for Ph.D. students.

- ❖ **Must know about Statistics-**

- ✓ Inferential Statistics
- ✓ Goodness of fit test
- ✓ Regression analysis
- ✓ Survival analysis
- ✓ Data types=Qualitative & Quantitative. Qualitative Data types =Nominal, Ordinal
- ✓ Quantitative Data types=discrete, continuous
- ✓ Scales of measurements=Nominal, ordinal, ratio, interval
- ✓ S.D., How to apply proper test etc.

- No. of Teachers attended: 46
- Pretest Conducted-3/4/21
- Post test Conducted-28/5/22
- The program was coordinated by Dr. Yogita Jamdade

*Dr. Yogita Jamdade*  
Dr. Yogita Jamdade  
Professor and HOD

**H.O.D.**

Dept. of Ayurved Samhita Siddhant  
College of Ayurved & Research Centre  
Nigdi, Pune



*Principal*  
Principal  
PDEA'S

College of Ayurved And Research Centre  
Nigdi, Pune - 411 044.



Pune District Education Association's

## College of Ayurved & Research Centre



**Post event summary report**

**Date-28/05/2022**

**Name of the event-** One day Workshop for Laser Training in Proctology

**Date of the event-** 28/05/2022

**Organizing department/ committee-** Department of Shalyatantra

**Location of the event-** ARSMH, Nigdi.

**Number of persons attending the event-** 30

UG students = 12, PG students 12, Delegates =2 and **Teachers: 4.**

**Mode of event-**

**Offline-** Hands on Training arranges at Operation Theatre of ARSMH Hospital.

**Online live operatives display=** College Auditorium

**Drive Link for Photos-**N.A.

**You tube link for video-**N.A.

**Contact person-** Dr. Madhavi Banarase

**Telephone number-** 9423207569

**Email address-** carshalya@gmail.com

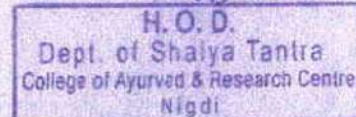


**Brief summary of the event-**

A One day Workshop for Laser Training in Proctology was organized by Shalyatantra Department on 28/05/2022, Ayurved Rugnalaya and Sterling Multispeciality Hospital, Nigdi under the guidance of Dr. Naresh Lodha sir B.A.M.S., M.S. Director, Lodha Hospital, Warje Malwadi.

The event was sponsored by Mr. Allen Francis, Lasotronix Laser, under the banner Azadi ka Amrut Mahotsava.

Dr. Naresh Lodha Sir, nicely explained and demonstrated 8 Laser surgical procedures in various Ano-rectal diseases very efficiently. The participants were benefited by the presentation, knowledge and skill to perform Laser surgeries. It was found very beneficial for all students and teachers. Workshop was followed by questions and answers session.



**Name of the Department-** Shalyatantra

**NAAC Metric No.**



Pune District Education Association's  
**College of Ayurved & Research Centre**



**POST EVENT SUMMARY REPORT**

**Date 5/7/2022**

- **Name of the event:** Induction Program for the Code of Conduct
- **Date of the event:** 04/07/2022
- **Time of the Event:** 3.00-4.00pm.
- **Location of the event:** Class room No. 2, CARC Nigdi, Pune.
- **No. of staff attending the event:** 31
- **Organizing Department:** Code of Conduct Monitoring Committee.
- **Speaker:** Dr. Dinesh B. Naik
- **Topic of Lecture:** Induction Program for the Code of Conduct.
- **Brief summary of the event:** On 04/07/2022 a lecture was organized on 'Code of Conduct'. The objective of arranging the lecture was to develop awareness in the newly admitted staff in the college and hospital, regarding the rules and regulations laid down by the institution. Through an interactive session, Dr. Dinesh Naik gave information about the Code of Conduct. He elaborated the contents in the handbook of Code of Conduct.

He explained- being the employees of this college we should follow the code of conduct laid down by the college. He explained the rules and guidelines regarding the appointment, salary, leaves, work culture in the institute etc. An employee shall obey a responsible pattern of conduct. At the end of session, he answered the questions of the employees regarding the topic.

Dr. Dinesh B. Naik

पु.जि.शि.मं.चे  
आयुर्वेद महाविद्यालय व संशोधन केंद्र  
निगडी, पुणे-४११०४४.  
आवक क्र 2858/2022-23  
दिनांक - 5/7/22  
लेखनिक Chait  
प्रचार्य





Pune District Education Association's

## College of Ayurved & Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)

Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc\_akurdi@pdeapune.org



Date: - 12/07/2022

Metric No. 2.4.4

### Post Event Summary Report

**Name of the Event** – Teacher's Training,

**Date of the Event** – 9/07/2022

**Organizing department / Committee** - IQAC

**Location of the event** – Auditorium and Classroom 5

**Number of persons attending the event**- 51 Faculty

**Mode of the event** – Offline

**Link for lecture** - <https://meet.google.com/ica-pvdh-vrr>

**Resource person** –

1. Dr. Vrunda Kurande, Asst. Prof., PDEA's CARC, Nigdi.
2. Dr. Manjusha Potdar, Asst. Prof., PDEA's CARC, Nigdi.
3. Dr. Anuj Tambade, (MSc PhD), IQAC Coordinator and Vice Principal, Prof. Ramkrishna More Arts, Commerce and Science College, Akurdi, Pune 411 044, India.

**Topic** – Use of Multimedia in Teaching Learning

**Telephone number**- 8605529031

**E-mail address**- pstam3@rediffmail.com

**Summary of the event** – The full day training was organized offline from 10 am to 4 pm in the Auditorium and classroom 5. A total of 51 faculties attended the training. Dr. Vrunda Kurande introduced to various MOOCs. Dr. Manjusha Potdar demonstrated how to create Designing Engaging Educational illustrations. Dr. Anuj Tambade explained the use of Multimedia in Teaching Learning. He demonstrated various audio-visual content creation and sharing options to enhance teaching learning.

Dr. Rajkumar Bobde welcomed the speaker and Dr. Arati Firke gave the vote of thanks.

Vd. Chinmay Phadke

Asst. Professor, Training Coordinator

Sanskrit Samhita Siddhanta Department

पु.जि.शि.मं.चे  
आयुर्वेद महाविद्यालय व सशोधन केंद्र  
निगडी, पुणे-४११०४४.  
आवक क्र 3287/2022-23  
दिनांक - 12/7/2022  
लेखनिक (अ.त.)  
प्राचार्य





PDEA'S



## Ayurved Rugnalaya & Sterling Multispeciality Hospital

(ID No. P.U. Ayu/081/1990) Hosp. Reg. No. 66.

Sector No.-27 Pradhikaran, Nigdi, Pune 411 044. (Maharashtra) India.

### BLS TRAINING GIST

Date: 08/12/2022

**Topic of training** – “BASIC LIFE SUPPORT TRAINING”

**Name of the trainer** – Dr. Ashvin Bhalerao

**Date** - 06/12/2022

**Time & Venue**- 2:00-3:00 PM

Auditorium, CARC, Nigdi, Pune.

**Target Group** - Consultants, Teaching staff, Houseman and Registrar.

**Number of persons attended the event**- 51 Consultants and Teaching staff, 15 P.G students (Houseman and Registrar)

#### Summary –

- In Perspective of NABH, all Consultants, Houseman and Registrar should have hands on training on Basic Life Support. All Teaching Staff also participated in this training
- Dr. Ashvin Bhalerao gave training on BLS
- Basic steps of CPR clearly explained with help of PPT presentation.
- Hands on Training on BLS with help of Mannequin also conducted.
- Certificates also issued for the participants.

  
Superintendent

Ayurved Rugnalaya & Sterling Multispeciality Hospital  
Sec. 27, Nigdi, Pradhikaran, Pune - 411 044



Pune District Education Association's  
**College of Ayurved & Research Centre**



**POST EVENT SUMMARY REPORT** Date- 13/12/2022

- **Name of the event:** Lecture
- **Date of the event:** 10/12/2022 **Time of the Event:** 2 to 3 pm.
- **Location of the event:** Class room No. 2, CARC Nigdi, Pune.
- **No. of persons attending the event:** Teachers- 31, Non-Teaching Staff- 01
- **Organizing Department:** Code of Conduct Monitoring Committee.
- **Speaker:** Dr. Prashant Tople
- **Topic of Guest Lecture:** Code of Conduct for teachers.
- **Drive Link for geotag photos:**  
[https://drive.google.com/drive/folders/11Z0NaeUcsR74itqaCwM-SvNsxfkxnmSz?usp=share\\_link](https://drive.google.com/drive/folders/11Z0NaeUcsR74itqaCwM-SvNsxfkxnmSz?usp=share_link)
- **Brief summary of the event:** On 10/12/2022 lecture was organized for NAAC, Criterion 7. Dr. Prashant Tople, who is working as HOD, Dept. of Rachana Sharir was speaker. His topic was 'Code of Conduct for teachers'. Dr. Dinesh Naik gave brief introduction of the speaker. Through an interactive session, Dr. Prashant Tople gave information about the Code of Conduct.

He told- being the employees, the teachers of this college should follow the code of conduct laid down by the college. The teachers shall appreciate full civic and political rights as provided by the Indian Constitution. A teacher shall adhere to a responsible pattern of conduct. The teacher shall respect the right and dignity of the student in expressing his/her opinion. The teachers shall always treat other members of the profession in the same manner as they themselves wish to be treated. The teachers should treat the non-teaching employees as colleagues and equal partners. He/she work to improve education in the community and strengthen the community's moral and intellectual life. Dr. Dinesh Naik gave vote of thanks.

Dr. Dinesh B. Naik

पु.जि.शि.मं.चे  
आयुर्वेद महाविद्यालय व संशोधन केंद्र  
निगडी, पुणे-४११०४४.  
आवक क्र 3729/2022-23  
दिनांक - 13/12/2022  
लेखनिक Chitt

Principal  
Principal  
P.D.E.A.S  
College of Ayurved And Research Centre  
Nigdi, Pune - 411 044.



Name of the Department - Monitoring Committee NAAC Metric No. 7.1.9



Pune District Education Association's  
**College of Ayurved & Research Centre**



**POST EVENT SUMMARY REPORT**

**Date- 28/12/2022**

- **Name of the event:** Induction Program for the Code of Conduct
- **Date of the event:** 26/12/2022
- **Time of the Event:** 2.00-4.00pm.
- **Location of the event:** Class room No. 2, CARC Nigdi, Pune.
- **No. of Staff attending the event:** - 32
- **Organizing Department:** Code of Conduct Monitoring Committee.
- **Speaker:** Dr. Rajkumar Bobade, Vice Principal, PDEA's CARC.
- **Topic of Lecture:** Induction Program for the Code of Conduct.
- **Brief summary of the event:** The lecture was organized on 'Code of Conduct'. The objective of arranging the lecture was to develop awareness in the newly admitted staff regarding the rules and regulations laid down by the institution. Through an interactive session, Dr. Rajkumar Bobade gave information about the Code of Conduct. He explained the contents in the handbook of Code of Conduct in details.

He described- being the employees of this college we should follow the code of conduct laid down by the college. The employees shall appreciate full civic and political rights as provided by the Indian Constitution. An employee shall obey an accountable configuration of code of conduct. At the end of session, he answered the questions of the employees regarding the topic. Dr. Dinesh Naik gave vote of thanks.

  
Dr. Dinesh B. Naik

|                                                                                                                                                                                                                                                                                                                             |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| पु.जि.शि.मं.चे<br>आयुर्वेद महाविद्यालय व संशोधन केंद्र<br>निगडी, पुणे-४११०४४.<br>आवक क्र 3391/2022-23<br>दिनांक - 28/12/2022<br>लेखनिक <br>प्राचार्य  |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|





Pune District Education Association's

## College of Ayurved & Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)

Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc\_akurdi@pdeapune.org



Date :- 20/03/2023

Metric No. 63.1

### Guest Lecture Report

**Name of the event:** Guest Lecture  
**Date of event:** 17/03/2023  
**Organizing Department:** Kriya Sharir  
**Location of event:** Classroom No.02 (CARC,Akurdi,Pune)  
**Number of persons attended:** 29  
**Mode of event:** Offline  
**Contact person:** Dr. Swati Chobhe(HOD,Kriya Sharir Dept)  
**Time:** 3pm to 5pm.  
**Participants:** Teaching and Non -teaching Staff  
**Guest Speaker:** Dr.Sanjeev kumar Patil  
 (Anaesesthetist,Actor,Director.)  
**Topic of Lecture: --** "Stress Management"

**Drive link for photos:**

[https://drive.google.com/drive/folders/1FBJzISzUA5TI\\_NNWpo0ZSNesMNz-WHEd?usp=share\\_link](https://drive.google.com/drive/folders/1FBJzISzUA5TI_NNWpo0ZSNesMNz-WHEd?usp=share_link)

**Brief Summary of the event:** The lecture started on time. Introduction was done by Dr. Shweta More (Asso. Professor-kriya sharir). Felicitation of guest speaker done by respected Principal madam. Vote of thanks was done by Dr.More

**Topics covered:** Dr.Patil elaborated causes of stress with various real life examples by means of role play. He also narrated his life story and journey towards manashakti devotee.3 main personalities he explained are- nervous, angry, patient & calm. He explained the ways to achieve patient and calm personalities by means of acquiring knowledge and meditation.

Teachers and non-teaching staff present were very much impressed with his oratory and felt relaxed and joyful at the end of the lecture.

Respected Principal Dr. Ragini Patil madam felicitated guest speaker Dr. Patil with a plant pot and letter of thanks was given.

*for* HOD  
 H.O.D.  
 Dept. of Sharirkriya  
 CARC Nigdi, Pune - 44

पु.जि.शि.मं.चे  
 आयुर्वेद महाविद्यालय व संशोधन केंद्र  
 निगडी, पुणे-४११०४४.  
 आयक नं. 55241/2023  
 दिनांक - 29/3/2023  
 लेखनिक *Uti*  
 प्राचार्य

Principal  
 PDEA'S  
 College of Ayurved And Research Centre  
 Nigdi, Pune - 411 044.



Pune District Education Association's  
**COLLEGE OF AYURVED & RESEARCH CENTRE**



I.D.No. PU/PN/AYU/081/1990  
Sector No. 25, Pradhikaran, Nigadi, Pune - 411044 (Maharashtra) India  
Ph. : (020) 27659578, 27653965 Fax : (020) 27659578  
E-mail : carc2006@rediffmail.com, carcakurdi@gmail.com Website : www.pdeaayurvedcollege.edu.in

Managing Trustee

Ref. No. 2926/2023

Date : 27/03/2023

President  
**Ajit Pawar**

To,  
**Dr. Chitra Natore,**  
Professor and H.O.D.

Vice President  
**Rajendra Ghadge**

IMETTT & Regional Head  
M.U.H.S., Nashik

Hon. Secretary  
**Adv. Sandeep Kadam**  
Senate Member  
Savitribai Phule Pune University, Pune

Subject: - Report of **Basic Workshop in Health Sciences Education Technology** - 23<sup>rd</sup> -25<sup>th</sup> March 2023

Respected madam,

Sending herewith the detailed program report of **Basic Workshop in Health Sciences Education Technology** held in our institute for teachers on- 23<sup>rd</sup> -25<sup>th</sup> March 2023

Following documents are attached with this letter-

Treasurer  
**Adv. Mohanrao Deshmukh**

- 1) Approval letter
- 2) Participants database (soft copy)
- 3) Daily Attendance sheet
- 4) Program report
- 5) Participants assignments (Word file in soft copy)
- 6) DD for administrative charges

Dy. Secretary  
**L. M. Pawar**

The workshop is successful because of your appropriate guidance, thanking you

Yours faithfully

Principal  
**Dr. Ragini Patil**

**Dr. Yogini R. Kulkarni**  
(Co-ordinator)

**H. O. D.**  
**Research Methodology**  
College of Ayurved And Research Centre  
Akurdi, Pune - 411 044.

**Dr. Ragini R. Patil**  
(Principal)

**Principal**  
College of Ayurved And Research Centre  
Nigdi, Pune - 411 044.

**Basic Workshop in Health Sciences Education Technology-**

23<sup>rd</sup> to 25<sup>th</sup> March 2023

The **Basic Workshop in Health Sciences Education Technology** was organized by our institute on 23<sup>rd</sup> to 25<sup>th</sup> March 2023 at P.D.E.A's College of Ayurved and Research Centre Nigdi Pune 44. As per M.U.H.S./MET guidelines, the sessions were organised for three days from morning 09.00- 16.00.

The twenty nine delegates were registered & attended the workshop. The detailed list is attached with the report. 29 teachers were from our college. Six faculty members were invited as resource person for the workshop. Four faculties from Sumatibhai Shah Ayurved Mahavidyalaya Hadapsar as Dr. Maya Gokhle, Dr. Neelakshi Pradhan, Dr. Kavita Deshmukh and Dr. Anand Kalaskar, one faculty from National Institute of Nutrition Pune Dr. Shrikanth Muralidharan & Myself

The auditorium was well organized with five tables with six-six chairs were kept around the table. On each table prearranged with one water bottle and bowl filled with Nutramla. Study session hand-outs file were distributed per group. Online daily feedback was taken on iast session on concern days

On 23<sup>rd</sup> March 2023 the workshop was started at 9.20 am The program was started with Dhanwantari poojan and stavan.

The pre-test link was shared to all the delegates email and 20 minutes were given for solving. The first session was started by me. With distributing 15 mango leaves, seizer and string one toran activity was taken among the participants for team building. First video was shown to participant how to make toran. Then time required to prepare toran was noted. The group 3<sup>rd</sup> was the winner prepared toran in 6 .12 minutes. I have conducted **Ice Breaking and Group Dynamics**. This session ended on 10 .00 am. Before starting the next session i have instructed ground rules and that should be followed in whole three days. Then next session was taken by Dr. Neelakshi Pradhan on **Phenomenon of Learning and Adult Learning Principles** very nicely and with good intermrtinn. She has explained difference in childhood learning and adult learning. Madam has given one story of Rahul and she told that enumerate what things he learn from the different lessons by which method. After this lecture the fifteen minutes tea break was given.

Next session was started on 11.00 by Dr. Neelakshi Pradhan madam from Sumatibhai Shah Ayurved Mahavidyalaya Hadapsar on **Domains and Taxonomy**. The lecture was very informative and interactive; she taught different domains and their higher versions. She has taken the activity on Ayurveda examples to know the type of domain i.e. cognitive, psychomotor and affective domains. Next lecture started on 11.45 on **Curriculum, Outcomes and Objectives** by Dr. Maya Gokhale , what are the teaching points should be covered with various angles were enumerated on flip chart. After the lecture the activity was given that prepare the objectives based on different domains from your concern subjects. The morning session ends with lunch. In Pre MCQ test Dr. Anuja Waddekar from Agadtantra department was first topper by 14 marks out of 20 , second topper Dr Vrinda Kurande form Kayachikitsa department by 12 marks out of 20 .

The afternoon session was taken by Dr. Mrs. Neelakshi Pradhan Madam on **Communication Skills** at 2.00 pm. Madam has used many movie clips for showing different communication skills. Session started with role play. Madam has also performed one role play of doctor and patient

communication in that she has presented one doctor & patient miss-communication so that audience could understand that how the communication should be performed with the patients. Dr. Neelashi Pradhan performed doctor's role, Dr. Maya Gokhale performed the patient's role. After this session again Dr. Maya Gokhale madam has taken the lecture on **Microteaching**. Tea was served in the session. The last session of the 1<sup>st</sup> day was taken by Dr. Maya Gokhale on **Introduction to Teaching Learning Methods**. The lecture was informative & interactive. The feedbacks of first day were collected online on 5 pm before ending 1<sup>st</sup> day's sessions.

The second day was started after Dhanwantari Poojan and stawan, Dr. Shrikanth Murlidharan from National Institute of Nutrition Pune and I from PDEA's CARC Nigdi Pune worked as co faculty for **Teaching Large Groups** at 9.25 am. Sir started with asking opinion to all participants group wise for their teaching abilities and teaching methods. Taken very effective session Sir has completed this session up to 10.15 am. Next session was taken on small group learning and completed up to 11 am. Next session started after tea break with group task given to groups explain two examples of horizontal vertical integrated teaching from Ayurveda by me. After this task session was taken on integrated teaching by Dr. Shrikanth up to 12 noon. Next session was started with activity in groups as explain one AV aids with advantages and disadvantages used and then lecture by Dr. Shrikanth and me up to 1 pm. After lunch break at 1.30 sessions was taken on one minute preceptor with role play performed by Dr. Kiran Mendhekar from shalya department played a role of PG student and Dr. Shrikanth played a role of teacher, the script of role play was PG student wants approval for case of ulcerative colitis so bad communication showed in that role play. Then lecture completed on one minute preceptor by Dr. Shrikanth. After the lecture two of the participant performed roles play Dr. Vrinda Kurande & Dr. Kiran Mendhekar participated to show one minute preceptor. They had done well Dr. Vrinda plays role of medicine department head and Dr. Kiran plays role of student who was presented the case of ulcerative colitis. The session was ended at 2 pm. After this session myself and Dr. Shrikanth played role of internal and external examiner and one participant Dr. Rulit Pethkar played role of student. The role play performed on bad oral examination scenario then sir completed the lecture on **Introduction to Assessment & Assessment Methods** sir has taken effectively and covered all the methods of assessments. Group activity was given groupwise as write the three scenarios with appropriate assessment methods have to be presented. The tea was served in the auditorium. The session was ended on 4.30 pm. Next session was effectively taken by me on **how to give feed back**? I conveyed the message that how the sugar coated feed back can be given. I insisted that feed back should be given in positive manner. Second day was ended with this lecture. The feedbacks of second day were collected on 5 pm.

The third day was started with Dhanwantari stawan and poojan the first lecture delivered by Dr. Kavita Deshmukh from SSAM college, Hadapsar Pune. Dr. Deshmukh madam has taken the lecture on **Assessment of Knowledge: MCQ, SAQ & LAQ**. The lecture was informative about how to design the LAQ, SAQ & MCQ. After the lecture madam has given the activity and instructed that write what domain wise one LAQ, SAQ & MCQ. Dr. Deshmukh madam has corrected each assignment and these assignments were submitted through mail to convenor. This session was ended with tea break on 11.00 am. Next lecture was started on 11.00 by Dr. Anand Kalaskar Sir from SSAM Hadapsar College on **Structured oral examination then Introduction to Reliability, Validity & Blueprinting** and Dr. Aparna Sole madam worked as co faculty. In this lecture the terms Reliability, Validity & blueprinting were well explained by sir with examples from Ayurveda. The lecture was more informative. Next lecture was taken on OSCE. In this session one role play was performed on acute abdominal pain patient's

role played by Dr.Kalaskar sir and Dr. Deshmukh madam performed Housman's role. This session was ended at 13.00p.m. The post-test link was posted on participant's mail and 20 minutes were given to solve. Most of the participants received more than 16 marks highest 19 marks was recorded After lunch Microteaching sessions were arranged in three different class rooms I, Dr.Kalaskar and Dr.Deshmukh were the investigators. After lunch in three microteaching class rooms were prepared and in each room one facilitator was appointed as Dr.Anand Kalasakar, Dr. Deshmukh and Dr Yogini Kulkarni. Each class room 10 participants are allotted by randomization. Evaluation forms were given to facilitator the presentations completed at 4.00pm.

At last I have concluded the whole workshop and giving vote of thanks. From the delegates Dr.Chobhe, Dr.Deodas, Dr.Singh and Dr.Oza, Dr.Japa, and Dr.Shweta talked about their opinions about workshop & management. All participants have given positive feedback. Workshop ended with these feedbacks.

The daily evaluation and whole program evaluation sheets were filled by delegates. The analysis of program evaluation is given as follows

Some common comments given by delegates are as follows-

| Session Name                                                                                                                  | Number of participants given feedback good /yes out of 29 |
|-------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------|
| How do you rate various sessions held during the workshop on first day [Ice Breaking and Group Dynamics]                      | 26                                                        |
| How do you rate various sessions held during the workshop on first day [Phenomenon of Learning and Adult Learning Principles] | 26                                                        |
| How do you rate various sessions held during the workshop on first day [Domains and Taxonomy]                                 | 23                                                        |
| How do you rate various sessions held during the workshop on first day [Curriculum, Outcomes and Objectives]                  | 26                                                        |
| How do you rate various sessions held during the workshop on first day [Microteaching]                                        | 26                                                        |
| How do you rate various sessions held during the workshop on first day [Communication skills]                                 | 26                                                        |
| How do you rate various sessions held during the workshop on first day [Introduction to Teaching Learning Methods]            | 25                                                        |
| How do you rate various sessions held during the workshop on second day [Teaching large groups]                               | 21                                                        |
| How do you rate various sessions held during the workshop on second day [Teaching small groups]                               | 16                                                        |
| How do you rate various sessions held during the workshop on second day [Integrated teaching]                                 | 21                                                        |
| How do you rate various sessions held during the workshop on second day [AV Aids]                                             | 16                                                        |
| How do you rate various sessions held during the workshop on second day [One Minute Preceptor]                                | 20                                                        |
| How do you rate various sessions held during the workshop on second day [Introduction to Assessment & Assessment Methods]     | 16                                                        |
| How do you rate various sessions held during the workshop on second day [Giving feedback]                                     | 20                                                        |
| How do you rate various sessions held during the workshop on third day [Assessment of Knowledge: MCQ, SAQ & LAQ]              | 24                                                        |

|                                                                                                                                  |    |
|----------------------------------------------------------------------------------------------------------------------------------|----|
| How do you rate various sessions held during the workshop on third day [Introduction to Reliability, Validity & Blueprinting]    | 27 |
| How do you rate various sessions held during the workshop on third day [Assessment of Knowledge: Structured Oral Examination]    | 26 |
| How do you rate various sessions held during the workshop on third day [Assessment of Performance: OSCE and other newer Methods] | 26 |
| How do you rate various sessions held during the workshop on third day [Microteaching Presentations By Participants]             | 27 |
| How do you rate various organizational aspects [Venue and physical facilities]                                                   | 27 |
| How do you rate various organizational aspects [Audio-visual arrangements ]                                                      | 26 |
| How do you rate various organizational aspects [Learning resources & handouts]                                                   | 25 |
| Feedback [Were the objectives of the workshop largely achieved?]                                                                 | 28 |
| Feedback [Do you find workshop useful for Your professional activities?]                                                         | 28 |
| Feedback [Were the faculties resourceful/helpful?]                                                                               | 27 |
| Feedback [Do you think you will be able to implement what you have learnt during the workshop?]                                  | 27 |
| Did the workshop have a balance of Theory and practical?                                                                         | 26 |
| Was the time management satisfactory?                                                                                            | 25 |

Some common suggestions given through whole program evaluation questioner

**Descriptive comments of participants-**

| How do you think the INTERACTIVE SESSIONS will benefit you for your future research work? | What was BEST in this workshop for you?                        | How it could be made BETTER?                          | If you were to organize this workshop, what DIFFERENTLY would you do? |
|-------------------------------------------------------------------------------------------|----------------------------------------------------------------|-------------------------------------------------------|-----------------------------------------------------------------------|
| Yes it improves teaching technique                                                        | New ideas and New concepts regarding teaching learning process | It's already better                                   | I will add more practical demonstration to get new ideas of teaching  |
| Will definitely implement the various domains thought in practical examination            | New concepts of teaching were thought                          | Providing written booklet                             | It was well organized                                                 |
| Brainstorming helps to make brain active                                                  | Role plays and group activities                                | Break in between lecture for 5 min specially on day 2 | Nothing, best organized                                               |
| Yes                                                                                       | Domain                                                         |                                                       |                                                                       |
| Benefit in time management                                                                | Practical approach                                             | It was good.                                          | Same as here.                                                         |
| Definitely it will                                                                        | Arrangements, topics, delivery of all the experts...           | Everything was good                                   | Choose experts according to volunteer...                              |

|                                                                                                       |                                                                               |                                                                                                                                                                                                                                                   |                                                                                                        |
|-------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|
| It will help understand the topic in depth from 360° view and make our work more perfect and precise. | Introduced to lot of new terms and concepts with ease and practical approach. | All things are already considered and taken care of, perfectly arranged.<br>But<br>The speaker of 2nd day's, shrikant sir, should use humour without insult and be less discouragement to participant.                                            | One can arrange lunch program.                                                                         |
| Will built confidence                                                                                 | Was not overtime... Completed within time                                     | Was good                                                                                                                                                                                                                                          |                                                                                                        |
| Yes surely it will be beneficial For me in my future research work                                    | All activities was the best part in workshop                                  | Changing teacher per lecture... It will make <b>change for better</b> learning process .But maybe it is difficult to find more teachers... Else in all excellent Workshops I ever attended... Thank you madam for organizing this workshop for us | If possible will give different topics to different teachers                                           |
| By active participation of students                                                                   | Group activity, role play                                                     | More role play                                                                                                                                                                                                                                    | Same as it is                                                                                          |
| Yes                                                                                                   | Domains                                                                       | More group                                                                                                                                                                                                                                        | More groups                                                                                            |
| Many aspects are taught like syndicates which are helpful                                             | Microteaching                                                                 | It was best                                                                                                                                                                                                                                       | I learn a lot ,I would like to organize in same way                                                    |
| Beneficial                                                                                            | Interactive                                                                   | More interactive                                                                                                                                                                                                                                  | Same as this                                                                                           |
| Cannot tell                                                                                           | 1st sessions                                                                  | Cannot tell                                                                                                                                                                                                                                       | I would have created relaxed atmosphere for learners , because in this workshop ,atmosphere was tensed |
| Implementation in my daily teaching                                                                   | First day faculties                                                           | No comments                                                                                                                                                                                                                                       | Another faculty                                                                                        |
| In reliability and validity                                                                           | Micro teaching                                                                | It's very good                                                                                                                                                                                                                                    | Nothing                                                                                                |
| Yes                                                                                                   | Microteaching session                                                         | It's already best workshop                                                                                                                                                                                                                        | By giving snacks for refreshment                                                                       |
| Yes                                                                                                   | OSCE                                                                          | By adding assessment criteria in curriculum                                                                                                                                                                                                       | More attractive by adding more Role play                                                               |

|                                                                                            |                                                                                                                                                |                                                                                   |                                                                              |
|--------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------|
| Yes                                                                                        | Different task, acting play                                                                                                                    | As per MUHS schedule-<br>1) With proper food include<br>2) Kit should be provided | Just adding Food and Kit. Otherwise Very nice workshop.                      |
| Yes                                                                                        | Bloom's Taxonomy                                                                                                                               | Prior Notes Should Be Given To Delegates                                          | We Organize Same Program With Printed Notes Prior to Program..               |
| Can Implement in classes, exams, clinics                                                   | Interactive approach ,role plays                                                                                                               | More speakers can be called to create variations in teaching techniques in a day. | Not specific                                                                 |
| Concepts became clearer for the research purpose.                                          | Microteaching                                                                                                                                  | More illustration can be added                                                    | More activities will be added...                                             |
| Interactive sessions will definitely help in future teaching to students                   | Activities were best in whole MET                                                                                                              | No                                                                                | Nothing                                                                      |
| Interactive session will help to apply these methods in my teaching methods                | Activities conducted                                                                                                                           | Nil                                                                               | Nil                                                                          |
| Can implement the things to make innovative teaching                                       | Interactive sessions                                                                                                                           | More practice can be added.                                                       | Additional Resource persons should be included                               |
| Various methods learned will be helpful for teaching and assessing wisely                  | Interaction with Dr. Gokhale, Dr. Pradhian madam and Dr. Kalaskar sir.                                                                         | As it was hot outside AC can be used in seminar hall.                             | Not sure now.                                                                |
| To improve active teaching learning method                                                 | Feedback session and session from Kalaskar sir                                                                                                 | More case scenario and discussion                                                 | Will improve the activities during session                                   |
| Yes off course its help to improve teaching techniques and making lectures more attractive | I really like that whole workshop... Specially Dr. Kulkarni madam session and her organization of time, speakers, from all small to big things | More practical sessions special on Day 2                                          | I like to organize more interactive sessions like be a first day of workshop |



Pune District Education Association's

## College of Ayurved & Research Centre

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Date: - 29/03 /2023

Metric No. 6.3.3

### Name of the event

### Report of Training Workshop organised for waste management for Teaching/ non-Teaching staff & students

**Name of the event:** Training Workshop of waste management from garden & kitchen waste

**Organizing Department:** Dept of Dravyaguna

**Date:** 28/03/2023

**Location / Place:** Auditorium in CARC

**Mode of event -** Offline

**Participants:** Non- teaching = 08 & teaching staff = 09

**Drive link for photos -**

[https://drive.google.com/drive/folders/17Et879AliNSJc0N\\_JJYMTxZgH9Wyc0x?usp=share\\_link](https://drive.google.com/drive/folders/17Et879AliNSJc0N_JJYMTxZgH9Wyc0x?usp=share_link)

### Brief summary of the event:

As daily wet waste is produced from kitchen and dry waste is generated in the herbal garden due to fallen leaves, in order to proper utilisation of the huge waste our department of dravyaguna had arranged a workshop on waste management on 28/03/2023 10-1pm.

Mrs Priya Bhide madam and Mrs Bhawe madam were invited to first give a lecture on household waste management and after that they gave demonstration of various instruments or models used in different quantity of kitchen waste. Also various types of natural cultures used for conversion of degradable waste into organic manure which we can use it again for the nurture of plants. Thus madam explained recycling process of nature.

Madam also gave demonstrations of how we can use non-degradable waste into useful models.

Mrs Bhawe madam had explained how we can generate biogas energy from wet waste of kitchen and showed model of Biogas unit.

In this way each and every particle of dry and wet waste can be reprocessed to make sustainable nature friendly utilization for human beings.

**Utility-**The workshop was very much useful for non- teaching staff & teachers to sensitise sustainable nature friendly living with utilising waste which is created by us only.

HOD

Dept of Dravyaguna

**Dr. Meenal D. Lad**

M.D., Ph. D. (Ayu.)

Prof. & H.O.D.

Dept. of Dravya guna C.A.R.C. Akurdi



Principal  
CARC, Nigdi

Principal  
PDEAS  
College of Ayurvedic Research Centre  
Nigdi, Pune - 411 044.



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Date: - 15 /05 /2023

Metric No. 2.4.4

### Post Event Summary Report

**Name of the Event** – Teacher's Training,

**Date of the Event** – 13/05/2023

**Organizing department / Committee** - IQAC

**Location of the event** – Auditorium

**Number of persons attending the event**- 45 Faculty

**Mode of event** – Offline

**Link of Pre-Assessment** - <https://forms.gle/X5rX9vzZdf4Qhd5x9>

**Link of Pre-Assessment Responses** -

<https://docs.google.com/spreadsheets/d/1G2a5fv5GN9zRDasoElad8lctA5114Og57L98uUPvntU/edit?usp=sharing>

**Link of post-assessment** - <https://forms.gle/P1yo9L5kG5dWvXLw7>

**Link of Post-Assessment Responses** –

[https://docs.google.com/spreadsheets/d/14AympzG2Yt1lyCckSuoZpBCyc\\_Dc\\_bB7KPbO2OIRdVkm/edit?usp=sharing](https://docs.google.com/spreadsheets/d/14AympzG2Yt1lyCckSuoZpBCyc_Dc_bB7KPbO2OIRdVkm/edit?usp=sharing)

**Feedback link** - <https://forms.gle/Q8pd2Gw4J1xZK2WJ8>

**Link of Feed Back Responses** -

[https://docs.google.com/spreadsheets/d/1OxxRI7\\_W3MITth-NNq9EJo6By29mS7qslnyLdjOEAEY/edit?usp=sharing](https://docs.google.com/spreadsheets/d/1OxxRI7_W3MITth-NNq9EJo6By29mS7qslnyLdjOEAEY/edit?usp=sharing)

**Contact person/Resource person** – Dr. Gaurang Baxi

**Topic** – 'Teacher's Training for Development of E content with hands on Training

**Telephone number**- 9371007824 **E-mail address**- Gaurang.baxi@dpu.edu.in

**Summary of the event** – A full day training was organized offline and was attended by 45 faculty of CARC in the auditorium. Dr. Gaurang Baxi explained in detail the Effective use of Media in Medical Education. He elaborated use of Online teaching and Learning Management through Google classroom with participative learning and hands on training. He also introduces about Audio Visual Content Creation & How to prepare video lectures. Dr. Chinmay Phadke, welcomed the speaker and Dr. Arati Firke felicitated him. Dr. Shweta More gave vote of thanks. Feedback was taken.

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आवक क्र ५३१२३२४  
दिनांक - १५/०५/२०२३  
लेखनिक *Arati*  
प्राचार्य *Arati*





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Date-10/06/2023

Metric No. - 6.3.3 / 6.5.3

### Soft Skill development training for the teaching staff

Organized by IQAC committee

Date of training -10/6/2023

Time of training- 10 am to 4 pm

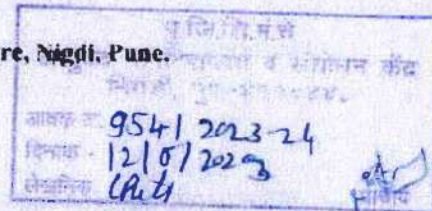
Venue-Auditorium, College of Ayurved & Research Centre, Nigdi, Pune.

Guest Speaker: Priyanka Lakhe

No. of Teachers Participant:- 43

Link For Photos :-

[https://photos.google.com/album/AF1QipPBOzn6XIUyYISEGIVCXRMMjUJgaLNT\\_YVifu](https://photos.google.com/album/AF1QipPBOzn6XIUyYISEGIVCXRMMjUJgaLNT_YVifu)



The Soft Skill Development Training for the teaching staff was conducted on 10th June 2023, from 10:00 am to 4:00 pm. It is organized by IQAC. The training aimed to enhance the teaching staff's soft skills, including communication, interpersonal skills, problem-solving, adaptability, and leadership, to improve their overall effectiveness in the classroom and create a positive learning environment for students. The training featured a guest speaker, Priyanka Lakhe, who is an expert in soft skill development.

Training Agenda:

1. Welcome and Introduction (10:00 am - 10:15 am)
  - Greetings and introduction to the training objectives.
  - Overview of the topics to be covered.
2. Communication Ethics: Verbal & Nonverbal (10:15 am - 11:30 am)
  - Ms. Lakhe conducted an interactive session on communication ethics.
  - Topics covered included building confidence in verbal communication, personal branding, nonverbal communication ethics, body language and appearance, proper handshake techniques, and the contagious nature of attitude.
  - The 7 'C's of communication (clear, concise, concrete, correct, consideration, complete, courteous) were discussed.





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Date: - 26 / 06 / 2023

Metric No. 2.4.4

### Post Event Summary Report

**Name of the Event** – Teacher's Training,

**Date of the Event** – 23/06/2023

**Organizing department / Committee** - IQAC

**Location of the event** – Auditorium

**Number of persons attending the event**- 40 Faculty

**Mode of event** – Offline

**Feedback link** - <https://forms.gle/ue3a1kWS67tzWTj88>

**Link of Feed Back Responses** -

[https://docs.google.com/forms/d/1F2ZHDeA4hYY7TdqAebKnPEF1-iBxKtGQVI\\_x7TRHeWU/edit#responses](https://docs.google.com/forms/d/1F2ZHDeA4hYY7TdqAebKnPEF1-iBxKtGQVI_x7TRHeWU/edit#responses)

**Contact person/Resource person** – 1. Dr Manisha Rath, 2. Dr Roopa Desai

**Topic** – Teacher's Training for Development of E-content & delivery on Swayam

**Telephone number**- 9850418712 **E-mail address**- [Manisha.rathi@dpu.edu.in](mailto:Manisha.rathi@dpu.edu.in), [roopa.desai@dpu.edu.in](mailto:roopa.desai@dpu.edu.in)

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आवक क्र ११७४/२०२३  
दिनांक - २६/०६/२०२३  
लेखनिक *Uti*  
प्राचार्य *Nal*

**Summary of the event** – A full day training was organized offline and was attended by 40 faculty of CARC in the auditorium. Dr. Manisha Rath explained in detail the Introduction to MOOC – Swayam, General Guidelines for Development of E-Content. Dr. Roopa Desai elaborated on Developing Audio Video content for Swayam, Standards and the Application process for Swayam. Dr. Arati Firke, welcomed the speakers and felicitated both of them. Dr Shweta More gave a vote of thanks. Feedback was taken.

Vd. Chinmay Phadke

Asst. Professor, Training Coordinator

Sanskrit Samhita Siddhanta Department





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Date :- 28/07/2023

Metric No. 7.1.9

### POST EVENT SUMMARY REPORT

- **Name of the event:** Induction Program for the Code of Conduct
- **Date of the event:** 26/07/2023
- **Time of the Event:** 11.00-1.00.
- **Location of the event:** Class room No. 2, CARC Nigdi, Pune.
- **No. of staff attending the event:** 29
- **Organizing Department:** Code of Conduct Monitoring Committee.
- **Speaker:** Dr. Dinesh B. Naik
- **Topic of Lecture:** Induction Program for the Code of Conduct.
- **Brief summary of the event:** Induction program for the code of conduct was organized in the college. The objective of arranging the lecture was to develop awareness in the newly admitted staff regarding the rules and regulations laid down by the institution. Through an interactive session, Dr. Dinesh Naik gave information about the Code of Conduct. He elaborated the contents in the handbook of Code of Conduct.

He explained- being the employees of this college we should follow the code of conduct laid down by the college. The employees shall appreciate full civic and political rights as provided by the Indian Constitution. An employee shall obey a responsible pattern of conduct. At the end of session, he answered the questions of the employees regarding the topic. Dr. Madhuri Mahadar gave vote of thanks.

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निगडी, पुणे-४११०४४.  
आवक क्र 1724/2023-24  
दिनांक - 31/7/2023

Dr. Dinesh B. Naik

